



## **Biblical DISC® for Couples Relationship Report Guide**

**Way to Go!!** You have taken a big step in building a more positive and fulfilling relationship with one another by completing the Biblical DISC® Assessment.

The Relationship Report provides the two of you a blueprint of your behavioral styles, highlighting side-by-side similar and dissimilar tendencies. The Report also reveals specific areas where differences in your behavioral styles can provide unique perspectives on making decisions, solving problems and communicating effectively. These perspectives can sometimes lead to potential misunderstandings, and the Relationship Report offers possible solutions for conflict resolution.

### **Here are a few suggestions of how to get the most out of your Relationship Report:**

1. Individually spend some time reviewing your report and fill in the blanks on pages 9-12. Highlight sentences on each page that you especially agree with.

2. Set a date! Plan to spend some uninterrupted time reviewing your reports together.

3. Read aloud to each other your fill-in-the-blank pages (pgs. 9-12). And share any insights you learned about one another.

Here are some questions you may want to ask one another:

- Were there any surprises? If so, what?
- What new insights did you learn about me?
- What are some strengths we have as a couple?
- How will it help us to know more about one another?
- What strengths are we missing as a couple?
- How might some of our differences or similarities cause us some challenges, and how will we adapt or modify our behavior to improve our communication?

4. After doing the above activity, complete the Relationship Action Plan (pg. 14) and review that with one another. Know that this action plan is designed to help you grow deeper in your relationship and plant seeds on how the two of you will love one another more deeply knowing what you now know about each other's behavioral style, strengths, struggles and needs/wants.

God's blessings to you. And may the Lord richly bless your relationship.

***A new command I give you: Love one another.  
As I have loved you, so you must love one another. John 13:34***